

**SHAHEED BHAI AMRIK SINGH
MEMORIAL GURMAT CAMP
2018**

Guru Nanak Gurdwara, Willenhall



ਗੁਰਮਤਿ ਕੈਂਪ

29th July to 3rd August

What is GURMAT CAMP?

Gurmat Camp is held annually to provide an opportunity for children to come together and experience gurmat living . The week includes a number of activities

- Indoor/outdoor games and various team activities
- Lectures, discussions and workshops on Sikh religion and culture
- Introductions to Kirtan and Sikh history

Aims and Objectives of Gurmat Camp

- To promote an understanding of Sikh teachings and way of life
- To acquaint children of Sikh customs, practices and cultural heritage
- To introduce relevant aspects of Sikh history
- To inform children of the issues facing Sikhs during present times
- To promote good citizenship and awareness of the social and community obligations of Sikhs in Britain today

Organisation of Gurmat Camp

Gurmat Camp is sponsored and organised by the following

Guru Nanak Gurdwara, Willenhall
Sikh Youth Group Walsall

Sikh Federation (UK, Walsall Branch)
Sadh Sangat

ਗੁਰਮਤਿ ਕੈਂਪ ਕੀ ਹੈ?

ਗੁਰਮਤਿ ਕੈਂਪ ਹਰੇਕ ਸਾਲ ਇਕ ਹਫ਼ਤੇ ਲਈ ਲਗਾਇਆ ਜਾਂਦਾ ਹੈ, ਜਿਸ ਵਿਚ ਸਿੱਖ ਬੱਚੇ ਧਰਮ ਦੀ ਜਾਣਕਾਰੀ, ਅਤੇ ਨਾਲ ਹੀ ਤਕਰੀਰਾਂ, ਬਹਿਸਾਂ, ਵਾਦ-ਵਿਵਾਦ, ਸਿੱਖ ਵਿਰਸੇ ਦੀ ਜਾਣਕਾਰੀ ਅਤੇ ਸ਼ਬਦ ਕੀਰਤਨ ਜਿਹੇ ਮੁਕਾਬਲੇ ਵਿਚ ਹਿੱਸਾ ਲੈਂਦੇ ਹਨ। ਇਸ ਦੇ ਨਾਲ ਬੱਚੇ ਕਈ ਤਰਾਂ ਦੀਆਂ ਖੇਡਾਂ ਵਿਚ ਹਿੱਸਾ ਲੈਂਦੇ ਹਨ।

ਇਸ ਗੁਰਮਤਿ ਕੈਂਪ ਦੀ ਕੀ ਲੋੜ ਹੈ?

ਪਿਛਲੇ ਕਾਫੀ ਸਾਲਾਂ ਤੋਂ ਸਿੱਖ ਬੱਚਿਆਂ ਨੂੰ ਆਪਣੀ ਪਛਾਣ ਕਰਵਾਉਣ ਵਿਚ ਕਾਫੀ ਦਿੱਕਤ ਆ ਰਹੀ ਹੈ। ਜਿਸ ਕਰਕੇ ਉਹ ਆਪਣੀਆਂ ਧਾਰਮਿਕ ਅਤੇ ਕਲਚਰਲ ਕਦਰਾਂ ਤੋਂ ਦੂਰ ਜਾ ਰਹੇ ਹਨ। ਗੁਰਮਤਿ ਕੈਂਪ ਉਹਨਾਂ ਵਿਚ ਸਵੈ-ਵਿਸ਼ਵਾਸ ਉਤਪੰਨ ਕਰਦਾ ਹੋਇਆ ਹੇਠਲੀਆਂ ਗੱਲਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ ਦਿੰਦਾ ਹੈ:

- ਸਿੱਖ ਸਿਧਾਂਤ ਅਤੇ ਫਿਲਾਸਫੀ ਦੀ ਜਾਣਕਾਰੀ
- ਸਿੱਖ ਇਤਿਹਾਸ ਅਤੇ ਰੀਤੀ ਰਿਵਾਜਾਂ ਦੀ ਜਾਣਕਾਰੀ
- ਵਰਤਮਾਨ ਸਮੇਂ ਵਿਚ ਪੇਸ਼ ਆ ਰਹੀਆਂ ਮੁਸ਼ਕਲਾਂ ਬਾਰੇ ਜਾਣਕਾਰੀ

ਗੁਰਮਤਿ ਕੈਂਪ ਦਾ ਪ੍ਰਬੰਧ

ਇਸ ਗੁਰਮਤਿ ਕੈਂਪ ਦੀ ਸਹਾਇਤਾ ਅਤੇ ਪ੍ਰਬੰਧ ਹੇਠ ਲਿਖੀਆਂ ਸੰਸਥਾਵਾਂ ਵਲੋਂ ਕੀਤਾ ਗਿਆ ਹੈ:

ਗੁਰੂ ਨਾਨਕ ਗੁਰਦੁਆਰਾ, ਵਿਲਨਹਾਲ
ਸਿੱਖ ਯੂਥ ਗਰੁੱਪ, ਵਾਲਸਾਲ

ਸਿੱਖ ਫੈਡਰੇਸ਼ਨ ਯੂ ਕੇ
ਸਾਧ ਸੰਗਤ

RULES AND REGULATIONS

All children are expected to abide by the following rules and regulations;

- Punctuality must be observed at all times
- Children engaged in disruptive behaviour will be disciplined
- Instructions given by organisers must be obeyed at all times

Any breach of the above may result in suspension or possible expulsion

ITEMS CHILDREN WILL NEED TO BRING

The children should bring the following items;

- £15 Registration Fee for first child and £10 for each additional brother or sister.
- Sleeping bag/blankets and pillow
- **Anorak or rain coat (required for planned outdoor activity)**
- P.E. kit including trainers, tracksuit
- Personal toiletries inc towel
- Spending money for day trip (maximum £5)

In addition children will be expected to conform to the **dress code** as specified below, **please ensure your child has enough changes of clothes for the entire week;**

GIRLS - White, orange or blue suit and chuni

**BOYS - White, orange, blue or black turban
Grey/black trousers and White shirt; or
Blue or White Kurta Pyama**

In the case of non-compliance with the specified dress code, the organising committee reserve the right to expel children from the camp.

- The wearing of jewellery including earrings of any types is prohibited
- The use of Make-up is not allowed
- No aerosol sprays are allowed
- Mobile phones **MUST** be handed in at registration, facilities to make personal calls will be provided for campers
- **A Kurta Pyjama/suit must be worn to undertake any seva in the Darbar Sahib or to go on stage. If your child wants to do either please ensure they have one with them.**
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Sunday 29th July to Friday 3rd August 2018

Only children aged 8 to 15 years old will be accepted, this will be strictly adhered to. **No child under 8 years old will be allowed to attend the camp.**

Overnight accommodation will be provided for all campers. Staying over night will be **optional**. Those not staying overnight **must** register by 6:45am each morning

SUNDAY 29th JULY

REGISTRATION—2 pm - 4pm

Guru Nanak Gurdwara Willenhall,
65-67 Walsall Road,
Willenhall,
WV13 2RD

Friday 3rd August

PRESENTATIONS

All children who have attended Camp during the week will be present for this special Divan. Parents are also invited to attend. This will take place at the above address in the upper darbar sahib from 5:30 to 8:00pm

Deregistration after Presentations, **Friday 3rd August, 8:00pm**

HOW DO I APPLY?

- All applications must be made by completing the admission form and submitted to the address above by the closing date 30 JUNE 2018
- Applicants must be aged between 8-15 years

If you have any queries on the above, please contact;

Mohan Singh

07751 742 617

Mandip Singh

07815 727 361

Sukhvinder Singh

07973 439 227